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**MATRIC NUMBER: 16/MHS02/015**

**COURSE TITLE: NUTRITION COUNSELING**

**COURSE CODE: NTD 412**

**QUESTION**

State the roles of a nutritionist

**ANSWER**

1. Evaluating clients health needs.
2. Discussing nutrition and eating habits with clients.
3. Developing educational resources for clients.
4. Determining the best nutrition plan for each client.
5. Adjusting plans as needed.
6. Monitoring clients progress.
7. Staying updated on the latest research in the field.
8. Helping clients manage disease (such as diabetes) through nutrition.