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Matric Number: 16/MHS01/127

Course Code: NTD 412

**Assignment**

Question

State the roles of a nutritionist.

Answers

The roles of a nutritionist include;

1. Identifying nutrition problems and assessing the nutritional status of patients in clinical settings.
2. Assessing, promoting, protecting and enhancing the health of the general public in a community setting and providing strategies for prevention of nutrition related diseases
3. Teaching nutrition, food chemistry or food service administration to students in any health profession at all levels of education
4. Developing diet plans and counselling patients on special diet modifications
5. Operating private consulting practices to provide expertise in nutrition as well as promote health and prevent disease
6. Working with food and pharmaceutical companies to provide research, develop products, educate consumers, and promote and market better food and nutritional products in a business setting.
7. Managing a cost effective food production operation, distributing high quality meals/snacks, and monitoring sanitation and safety standards in a food service setting.
8. Working with individuals, groups, workplaces and media to provide dietary advice for healthy living.