OBOT ETIMBUK O.

PHARMACOLOGY

18/MHS07/036

PHS204

Contraception is the deliberate use of artificial methods or other techniques to prevent pregnancy as a consequence of sexual intercourse. There are many types of contraception which include

* Condom
* Diaphragm
* Contraceptive injection
* Contraceptive patch
* Female condoms
* Contraceptive Cap. Etc.

Contraceptive Cap: the contraceptive cap is a circular dome of thin, soft silicone. It is inserted into the vagina before sex, and covers the cervix so that sperm cannot get into the womb. It will be used hand in hand with spermicide.

The cap must be left in place for six hours after sex. After that time, you take the cap out and wash it. Caps are reusable. They come in different sizes, and you must be fitted for the correct size by a trained doctor or nurse. However there are some disadvantages of using the contraceptive cap:

* It is not as effective as other types of contraception
* Cystitis can be a problem for some women who use a cap
* Spermicide can cause irritation in some women and their sexual patners