JOHN AWE EBIMOBOERE

16/MHS01/118

NTD 412

NUTRITION COUNSELLING

ASSIGNMENT

State the roles of a nutritionist

ANSWER

1. They develop meal plans based on the patient’s medical condition.
2. Educate on portion control.
3. They are in charge of providing medical nutrition therapy.
4. Give advice for handling special dietary concerns and food allergies.
5. Evaluating diet.