**NAME: EZE HANNAH NKECHI**

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**DEPARTMENT: PUBLIC HEALTH (MHS)**

**COURSE TITLE: INTERNATIONAL HEALTH**

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Summary of the focus areas and goals in the Following documents

1.        2030 Agenda for Sustainable Development

2      .WHO GPW 13

Read the SDG goals and write all out.

Recap your experience in Are-Ekiti environment and Identify 5 SDG goals that relates to the current situations in the community. Then propose few strategies on how to implement these goals at local community level. For example pick 5 goals relating to the Are-Ekiti and propose few strategies of achieving the your selected goals in the community

The Sustainable Development Goals are:

1. No Poverty
2. Zero Hunger
3. Good Health and Well-being
4. Quality Education
5. Gender Equality
6. Clean Water and Sanitation
7. Affordable and Clean Energy
8. Decent Work and Economic Growth
9. Industry, Innovation, and Infrastructure
10. Reducing Inequality
11. Sustainable Cities and Communities
12. Responsible Consumption and Production
13. Climate Action
14. Life Below Water
15. Life On Land
16. Peace, Justice, and Strong Institutions
17. Partnerships for the Goals

**T**he World Health Organization 13th General Programme of Work(GPW 13) was adopted by Member states in May 2018. The goal of having one billion people better protected from health emergencies is associated with three major outcomes

* Countries prepared for health emergencies.
* Epidemics and pandemics prevented
* Rapid detection and response to health emergencies.

**T**he Sustainable Development Goals (SDGs) are a collection of seventeen (17) global goals designed to be a blueprint to achieve a better and more sustainable future for all. The SDGs set in 2015 by the United Nations General Assembly and intended to be achieved by the year 2030, are part of UN Resolution 70/1, the 2030 Agenda.

Sustainable Development Goals Relating to Are-Ekiti

* No poverty
* Zero hunger
* Good health and well-being
* Quality education
* Clean water and sanitation.

**Strategies to Achieve These Goals in Are-Ekiti**

1. **No Poverty:** Poverty in all forms should be ended in Are-Ekiti for all in other for the people to have a good standard of living. The government can help in reducing by;

* Giving statutory minimum wages.
* Free market policies to promote economic growth
* Welfare benefits e.g. unemployment benefits, food stamps, housing benefit and income support.
* Direct provision of goods/services i.e. subsidized housing, free education and healthcare.

1. **Zero Hunger**: Promote sustainable agriculture, achieve food security and improved nutrition in order to end hunger in the local community.

* If we can help the local communities develop plans and skills to sustainably manage their resources to improve crop and livestock production, and work with the local government to develop inclusive policies that make it easier for people to access the resources they need to thrive.
* We can also provide the resources, knowledge and skills needed to access and utilize clean water, employ hygienic practices and consume a diverse and nutritious diet.

1. **Good Health and Well-Being**: Ensuring healthy living and promoting well-being for all at all ages.

* The government has the responsibility of providing public hospitals, community health services, public dental care, and mental health care. While the local government delivers community health and preventive health programs, such as immunization and regulation of food standards with the aid of Public Health Practitioners.

1. **Quality Education**: Ensuring inclusive and equitable quality education and promote lifelong learning opportunities for all.

* Construction of schools in this local community
* New learning facilities for disabled persons
* Conditional cash transfers
* Scholarship programmes
* Incentives for teachers to work in difficult conditions.

1. **Clean Water and Sanitation**: Ensuring availability and sustainable management of water and sanitation for all.

* We can help promote good hygiene habits through education like hand washing with soap at critical times for the local communities. (E.g. after using the toilet and before preparing food)
* With the help of the government, accessing the people to safe drinking water, improved sanitation facilities.

**References**

* <https://www.euro.who.int/en/news-room/feature-stories>
* <https://www.euro.who.int/en/health-topics/life-stages>
* [https://en.m.wikipedia.org/wiki/sustainable­\_development\_goals](https://en.m.wikipedia.org/wiki/sustainable_development_goals)