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## THE CORONAVIRUS PANDEMIC

Coronavirus is a family of viruses that ranged from the common cold to Middle East respiratory System [MERS coronavirus], Severe Acute Respiratory System [SARS CORONAVIRUS]. The most recent coronavirus is COVID19 which was identified in 2019 in Wuhan, China. This is a new that has not been identified in Human due to mode to the mode of spread of the disease, it was declared pandemic by the WHO which means it affect a wide geographical area and a large proportion of the world's population.

The covid19 virus spreads primary through droplet of saliva or discharge from the nose when an infected person coughs or sneezes. The virus leads to death mostly in adult because of their weak immune system and it causes death in people who have previous cases of health mostly in vital body organs.

As a way of controlling in rapid spread of this virus, the federal governor of Nigeria declared lockdown and restriction of movement in some states. The lockdown and restriction of movement has effect on the country as a whole which are either positive or negative effects.

## POSITIVE EFFECTS OF LOCKDOWN AND RSTRICTION OF MOVIN MOVEMENT IN NIGERIA.

- Increase in biodiversity; Biodiversity of animals tends to increase as people are restricted from going out. For examples, fishermen and hunters can't go on fishing and hunting and this increase the growth of the animals.
- 2. It brings about national cohesion: As a result of lock down people is forced to stay at home or around their neibourhood they they6fore tend to relate more with people in their surroundings thereby bring peace and unity amidst them.
- 3. It reduces the risk of increase contacting the disease; one of the ways of reducing this disease is by practising quarantine or self-isolation. COVID19 is a type of virus that spread very fast and show late symptoms [after14 days] so when people stay at home it helps to reduces or minimise the spread rate.

## NAGATIVE EFFECT OF THE LOCKDOWN AND RESTRICTION OF MOVEMENT IN NIGERIA.

- DISTRUCTION OF DAILY ACTIVITIES: Due to the lockdown,
  Transport works, small scale business enterprise are derive
  from making money which causes hunger in some state
  which can also lead to death.
- 2. **DEPRESSION:** in psychotherapy and psychiatry, a person can be unhappy or low morale for a long period of time which lasts longer than several weeks which can cause ideation of self-inflicted injury or suicide and it is also a period of major economy contraction.
- **3. INSECURITY:** The restriction of movement in Nigeria has brought about lack of security, uncertainty, the state of being subject to danger, vulnerability.