Onawumi Precious Tolulope

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Environmental health

There are two different types of environment. These are:

1. Geographical environment: it consists of all components provided by nature & hence can be called the natural environment. It is also referred to as the physical environment as it pertains to the physical requirements of life. These physical or geographic conditions are not dependent on the existence of humans. Sometimes, humans have no control over the physical conditions of the environment. It includes the earth’s surface, natural resources, plains, water, land, volcanoes, oceans, mountains, cyclones etc. The sustainability of the natural environment is known to contribute towards the economy of a country. It is also used to refer to the biological situations such as complexities associated with plants and animals.
2. Man-made environment: this environment is used to refer to the one created by man in order to regulate and monitor certain environmental conditions. Some address it as socio-cultural environment. It can further be divided into two types:
3. Inner environment: it is a social environment and it exists as long as a particular society exists. It pertains to the regulations, traditions, organizations and institutions. It involves customs and folk ways which is existent in every human group. It is addressed with names such as non-material culture, social heritage, etc. This heritage is essential for the social life of humans to flourish; it is known to have an effect in an individual’s life. The altered form of the economic & physical environment–artificial environment, are seen as two different aspects of the man-made environment.
4. Outer environment: through advancement in the field of science and technology, humans attempted to alter conditions of their physical environment. This outer environment is as a result of these modifications which include modern infrastructure in our cities, homes & their associated amenities, our modes of communication and transport, our resorts of convenience and luxury, different kinds of industries manufacturing luxurious commodities, electrical appliances and so on which ultimately aims at civilization & urbanization.