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ASSIGNMENT: Write a report, of not more than two pages, on the corona virus pandemic and the effects of the lockdown and restriction of movement on Nigerians.

THE CORONA VIRUS PANDEMIC (COVID-19)

The Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness, if they ever caught the virus.

So far so many countries have taken responsibility of closing their respective borders in order to stop the enablement of foreign aircraft or transportation of goods from other countries. This virus has not only led to the death of many people, both young and old but it has allowed for the need to always ensure personal hygiene amongst one another. The best way to prevent and slow down transmission are; to be well informed about the COVID-19 virus, the disease it causes and how it spreads. Medical advisers have advised that everyone should protect themselves and others from infection by washing of hands or using an alcohol based rub frequently and not touching our face. The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).

The 2019–20 coronavirus pandemic has also affected educational systems worldwide, leading to the near-total closures of schools, universities and colleges. As of 27 April 2020, approximately 1.725 billion learners are currently affected due to school closures in response to the pandemic. School closures impact not only students, teachers, and families, but have far-reaching economic and societal consequences. School closures in response to COVID-19 have shed light on various social and economic issues, including student debt, digital learning, food insecurity, and homelessness, as well as access to childcare, health care, housing, internet, and disability services. The impact was more severe for disadvantaged children and their families, causing interrupted learning, compromised nutrition, childcare problems, and consequent economic cost to families who could not work.

I. Order to prevent the spread of COVID-19:

Clean your hands often. Use soap and water, or an alcohol-based hand rub. Maintain a safe distance from anyone who is coughing or sneezing.

Don't touch your eyes, nose or mouth.

Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.

Stay home if you feel unwell.

If you have a fever, a cough, and difficulty breathing, seek medical attention.

Call in advance.

Follow the directions of your local health authority.

Avoiding unneeded visits to medical facilities allows healthcare systems to operate more effectively, therefore protecting you and others.

Nigeria has a burgeoning gig economy as well as a large informal sector, which contributes 65 percent of its economic output. Movement restrictions have not only reduced the consumption of nonessential commodities in general, but have affected the income-generating capacity of these groups, thus reducing their consumption expenditure. It would be hell if the Covid-19 breaks out in Nigeria on the scale presently being witnessed in Europe and the US. Apart from the dire state of the healthcare system, 69 million Nigerians have no access to clean water. This invariably leads to water-borne diseases like cholera, which continue to break out as regular epidemics. Social distancing and self-isolation presuppose that people have enough space. In Lagos where we have over 100 slum areas, about 80 people can be found sharing a 10-room building with only two toilets and a bathroom being shared by all with no pipe-borne or treated water readily available. The effect of this lockdown has also led to training of Nigerian citizens to learn how to social distance themselves from other people and it would also allow for the reduced number of birth rates as hospitals will be busy taking care of sick people instead and will help the Nigerian economy a lot. Nigeria being a largely populated country will also learn to adapt in new and different way of life and become united. Even though this lockdown can be really tough for those Nigerians that earn daily for their feeding.

