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**MATRIC NO: 17/MHS02/086**

**COURSE TITLE: ENVIRONMENTAL HEALTH**

**COURSE CODE: NSC 314**

**QUESTION:** DESCRIBE THE DIFFERENT TYPES OF ENVIRONMENTS. GIVE EXAMPLE OF EACH TYPE OF ENVIRONMENT.

1. **PHYSICAL ENVIRONMENT:** A physical environment can be described as anything that can be physically experienced through one sense of touch, smell, sight, hearing and or taste. The physical environment includes both natural and man-made environments. The physical environment is the part of environment surrounding human that contains only physical elements such as the water, soil, air, housing, minerals, vegetation, climate, trees, waste, rocks, e.t.c.
2. **SOCIAL ENVIRONMENT:** Social environment refers to the society all surroundings influenced in some way by humans. It is the social setting in which people live or develops. This includes culture, education, customs, belief, occupation, religious practices, relationships, institutions, social norms, e.t.c
3. **BIOLOGICAL ENVIRONMENT:** Biological environment refers to the biotic surrounding of an organism or population and consequently includes the factors that have an influence in their survival, development and evolution. It includes living organisms such as animals, plants, bacteria, fungus, viruses, insect, rodent e.t.c

**Other factors that are concerned with our environment and affect human health includes**

* **CHEMICAL FACTORS:** Chemical factor includes: drug, creams, food additives, cosmetic soap, levels of oxygen, nutrient, pH, salinity, acidity and other chemicals in the environment.
* **PSYCHOSOCIAL FACTORS:** Examples are social support, loneliness, marriage status, social disruption, stress, bereavement, incentives e.t.c