NAME: AFULA HOLINESS USHANG

MATRIC NUMBER: 16/MHS02/006

COURE TITLE: Environmental health

COURSE CODE: NSC 314

QUESTIONS

1. Describe the different types of environments giving examples.

ANSWERS

* Physical environments: These are the part of the human environment that includes purely physical factors. Examples include; water, air, soil, housing, wastes, radiation, climate etc.
* Biological environments: the natural biological factors (such as wild animals and plants or bacteria) that affect human life (as in a particular place or period). Examples include: plants and animal life including bacteria, viruses, insects, rodents and animals.
* Social Environment: The environment developed by human as contrasted with the natural environment; society as a whole, especially in its relation to the individual. Examples include; Customs, culture and beliefs, habits, income, occupation, religious practices.

Other factors that are concern with our environment and affect human health include:

* Psychological factors: This is an interdisciplinary filed that focuses on the interplay between individuals and their surroundings. It examines the way in which the natural environment and our built environments shape us as individuals. Examples include; nature of individual, e.g. introvert and extrovert, incentives, stress.
* Chemical factors: these include drugs acids, cosmetic soaps, creams, food additives etc.