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COURSE: ENVIRONMENTAL HEALTH

CODE: NSC314

Ouestion

.Describe the different types of environment giving examples

Types of environment

- Built Environment
- -Natural Environment
- -Social Environment

Built Environment: It refers to the human made surroundings that provide the setting for human activity. The built environment encompasses places and spaces created or modified by people.

Built environment is shaped by:

- -Climate and geology
- -Economy
- -Government
- -Customers

Types of built environment

Walkways, Road, parks, urban spaces, buildings.

Natural Environment: it encompasses all the living and non living things that occur naturally on earth often. It is replaced by the word habitat to mean the same. It has several components that include the lithosphere, hydrosphere, atmosphere and biosphere.

Lithosphere; it is the rigid outermost shell that forms the surface of the planet. It is also called crust and is made of different minerals.

Hydrosphere; this layer is made up of a combined mass of water located on under and over the planet. It includes all the water bodies of the earth, such as river lakes oceans and ponds.

Atmosphere; The earths atmosphere comprises a thick layer of gases is help in place by gravitational force. The atmosphere protects life on earth by absorbing ultraviolet solar radiation warming the surface through green house effect and reducing temperature extremes between days and night.

Biosphere; The biosphere is the global sum of all ecosystems it can also be termed the zone of life on earth, a closed system and largely self regulating. The biosphere is the global ecological system integration living beings and their relationships.

Examples of natural environment:

Water

Light

Air

Land

Social Environment:refers to the immediate physical and social setting in which people live in or in which something happens or develops. Tge aspects of social environment includes culture, language, social condition, social class, health, type of occupation and the economic conditions of people with specific parameters

Examples of social environment;

-Authorities

-Universities

THE PHYSICAL ENVIRONMENT: The physical environment includes; air land, water, wastes, climate, radiation and all other natural resources that provide our basic needs and opportunities for social and economic development. A clean, healthy environment is important for people's physical and emotional wellbeing. The physical environment can be described as anything that we can experiences through our senses- touch, smell, sight, hearing and/or taste.

THE BIOLOGICAL ENVIRONMENT: the biological components of the environment are the living organisms such as plants and animal life including bacteria, viruses, fungus, insects, rodents and animals.

THE SOCIAL ENVIRONMENT: this environment is developed by humans as contrasted with the natural environment; society as a whole, especially in its relation to the individual. It includes; customs, habits, income, occupation, culture and beliefs, religious practices etc.

Other factors that are concerned with our environment and affect human health includes PSYCHOSOCIAL FACTORS: it involves the nature of an individual, whether he /she is an extrovert or introvert, incentives, stress

CHEMICAL FACTORS: the chemical factors of the environment that affect our health include; drugs, acids, cosmetics, soap, food additives, creams etc.