**NAME : NDIE OGOCHUKWU**

**MATRIC NUMBER: 17/MHS02/055**

**NURSING SCIENCE**

**Assignment Title:** Assignment
**Course Title:** Environmental Health
**Course Code:** NSC 314

**Environment** mainly consists of atmosphere, hydrosphere, lithosphere and biosphere. But it can be roughly divided into two **types** such as (a) Micro **environment** and (b) Macro **environment**. It can also be divided into two other **types** such as (c) Physical and (d) biotic **environment**.

THE external environment or macro environment is said to be responsible for millons of preventable disease originating in it.”all that is external to the individual human host, living and non-living,and with which he is in constant interaction constitute the environment”

The **Macro Environment** consists of 6 different forces. These are: Demographic, Economic, Political, Ecological, Socio-Cultural, and Technological forces.

Micro environment is the domestic environment in which man lives. Ther term internal environment is some time used for the environment inside the body.