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NSC 314

1. Different types of environments: we have three types of environment
2. **Physical environment:** water, air, soil, housing, wastes, radiation ,climate etc
3. **Biological environment:** plants and animal life including bacteria, viruses, insects, rodents and animals
4. **Social environment:** customs, culture & beliefs, habits, income, occupation, religious practices.

Other factors that are concerned with our environment and affect human health includes

**Psychological factors:** nature of individual, e.g. introvert and extrovert, incentives, stress

**Chemical factors**: drugs, acids, cosmetic soaps, creams, food additives etc