

**AFEBABALOLA NUNIVERSITY ADO-EKITI**

**COLLEGE**

**MEDICINE AND HEALTH SCIENCES**

**DEPARTMENT**

**NURSING**

**LEVEL**

**300**

**COURSE TITLE**

**ENVIRONMENTAL HEALTH**

**COURSE CODE**

**NSC 314**

**NAME**

**ENO SUSAN**

**MATRIC NO**

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**ASSIGNMENT**

**Describe the different types of environments. Give examples of each type of environments**

## Answers

- **Physical environment**

A physical environment can be described as anything we can physically experience through our sense-touch, smell, sight, hearing, and taste

The physical environment is simply all elements or aspects of the environment that are non-living or abiotic. It may either be the substrate upon or medium in which organisms live, such as soils or surface water, or factors in the environment with which they must contend or adapt to, such as variations in rain fall, periods of a day light, and so on. The physical environments include both the natural environments and human-made environments.

### Examples;

Water, air, soil, housing, water radiation, climate and so on.

- **Social environments**

Social environments refer to the immediate physical and social settings in which people live or in which something happens or develops. It includes the culture that the individual was educated or lives in, and the people and institutions with whom they interact. It is also defined as the aggregate of social and cultural institutions, forms, and processes that influence the life of an individual or community.

### Examples

Customs, culture and beliefs, habits, income, occupation, religious practices

Other factors that are concerned with our environments and affect human health includes

Psychological factors: The nature of individual, e.g. introvert and extrovert, incentives, stress

Chemical factors: This includes drugs, acids, cosmetic soaps, creams, food additives

- **BIOLOGICAL ENVIRONMENTS**

The natural biological factors (such as wild animals and plants or bacteria) that affect human life (as in a particular place or period).

## **Examples**

Plants and animal life including bacteria, viruses, insects, rodents and animal