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MATRIC NO: 17/MHS02/037

FACTORS FACILITATING SPERM TRANSPORT IN THE FEMALE REPRODUCTIVE TRACT.

### SEMEN

The alkaline secretion from the prostate gland into the semen helps to create an alkaline environment in the acidic vagina to protect sperm in the vagina. Also, prostaglandins present in the semen and present in the female reproductive tract, facilitate myometrial contraction, which helps in the movement of sperm towards the oviduct.

### FEMALE REPRODUCTIVE TRACT

- ESTROGEN and OXYTOCIN secreted in the female helps to assist myometrial contraction in order to facilitate the upward motility of sperm towards the oviduct.
- Estrogen facilitates the production of watery mucus in the cervix during the timing of ovulation to allow easy passage of sperm in the female reproductive tract. Sperm undergoes capacitation. This occurs after the sperm membrane becomes fluid, the removal of cholesterol and glycoproteins from the membrane in order to expose the zona pellucida as a binding site. There is a change in the sperm membrane potential that permits calcium ( $Ca^{2+}$ ) to enter the sperm to facilitate vesicle release for the acrosomal reaction. Also, during capacitation of sperm, there is phosphorylation of

numerous protein needed in fertilization.

### **Sperm transport in the female tract**

- Sperm transport through the uterus At only a few centimetres in length, the human uterine cavity is relatively small and could be traversed in less than 10 min by sperm swimming at about 5 mm/min, which is the swimming speed of sperm in aqueous medium (Mortimer and Swan, 1995).
- The actual rate of passage of human sperm through the uterus is difficult to determine due to experimental limitations. Variation is high among women within a study and between studies (Croxatto, 1996). In one set of experiments, fertile women were inseminated into the cranial vagina shortly before surgical excision of both Fallopian tubes.
- Sperm were recovered from the fimbrial segment of the ampulla in two women whose tubes were removed 5 min after insemination, even though they had been abstinent for at least 16 days.
- Sperm were recovered all along the tubes of two more women merely 10 min after insemination (Settlage et al., 1973). Unfortunately, the motility of these sperm was not assessed; therefore, it could not be determined whether the sperm were capable of fertilizing. In another study (Rubenstein et al., 1951), several motile sperm were recovered from Fallopian tubes following hysterectomy 30 min after insemination in one patient and 1 h after

insemination in three out of seven patients; however, these women underwent surgery for treatment of fibroids, polyps or endometrio-sis and therefore sperm transport may have been abnormal. Transport of sperm through the uterus is likely aided by pro-ovarian contractions.