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SHORT NOTE ON IMPLANTATION

- Implantation is the stage of pregnancy at which the embryo adheres to the wall of the uterus. At this stage of prenatal development, the conceptus is called a blastocyst. It is by this adhesion that the embryo receives oxygen and nutrients from the mother to be able to grow.
- Implantation takes place between 6-12 days after ovulation. So the exact date of implantation can depend on when ovulation date and whether conception occurred early or late in the ovulation window.

➤ **POSSIBLE SIGNS OF IMPLANTATION**

- Bleeding: It is more like spotting than an actual flow of blood, most likely to be light pink or brown. It may occur once, a few hours or even last for three days.
- Cramps
- Discharge
- Bloating
- Tender breasts
- Nausea
- Headaches
- Mood swings
- Implantation dip: refers to a one-day decrease in your basal body temperature that can occur as a result of implantation

