

**NAME:** DURU Beclay Emenike

**MATRIC NO:** 19/ART02/002

**DEPT:** Performing Arts

**COURSE CODE & TITLE:** GST 122-Communication in English

**Assignment:** Write a report, of not more than two pages, on the corona virus pandemic and the effect of lockdown and restriction of movement on Nigerians.

### **ANSWER**

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness. The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow). At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments.

It start in China, it was first confirmed 17<sup>th</sup> of November 2019 and its first case in Nigeria was on the 27<sup>th</sup> of February 2020. Since then the state if the country has not being the same, the government issued a lockdown to curtail spread of the virus, which affected everyone in different ways.

Consequently, the lockdown had left a lot of citizens hungry due to the movement restriction and inefficiency of the market. Now people have result into robbery as a means to survive. Regular daily activities is now in hold, offices are closed and there is no source of income for some people, place of worship is no longer on as usual. Not excluding education which has seized also, this can lead to change in structure of all educational level because the external examination (WAEC) has not been held. Therefore, until the current examination class(ss3) in secondary schools sit for their exams there will be no promotion. Furthermore, those who have been put in position to ensure that the streets are free of people and everyone is inside have taken drastic and brutal decision to enforce this with violence. This action has led to increase in death rate even more than virus has killed itself. Moreover, all these are precautions put in place to try and keep the safe.

After the lockdown is lifted and activities are back to normal; things that are likely to happen are mass job loss as a result of insufficient capital for organizations. Some companies, banks and firms has cut its staff salaries to avoid job losses and cost of living will increase, that is, cheap things becomes expensive. Also, a new academic structure, probably the session will begin in January instead of September as usual and so on.

To prevent infection and to slow transmission of COVID-19, do the following:

- Wash your hands regularly with soap and water, or clean them with alcohol-based hand rub(hand sanitizer).
- Maintain at least 1 metre distance between you and people coughing or sneezing.
- Avoid touching your face.
- Cover your mouth and nose when coughing or sneezing.
- Stay home if you feel unwell.
- Refrain from smoking and other activities that weaken the lungs.
- Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.