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COURSE: ENGINEERING LAW

1.Time management is the ability to use one's time effectively or productively, especially at work.

### Time management is crucial for success because when time is managed, there will be more productivity and efficiency. Also there will Be less stress and anxiety, which will enable the workers to deliver at full capacity. Fatigue and tiredness cause you do breakdown over time. Employees at work who take timely intervals are far likely become more productive and get more volume of work done.

When time is managed, you will be able to make better decisions for the company, and this goes a long way in achieving success, because if you are under pressure and end up making the wrong decisions, it will have a negative effect on the company.

### In order for goals to be achieved, time has to be manages in order to prevent conflict among coworkers. Due to being more organised, you will be less stressed and therefore more likely to communicate your message with clarity and respect.