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Time management is crucial for success because It helps you achieve what you want, and faster When you understand the importance of time management, you gain the motivation to stop sitting around and pursue your goals. As a result of this hard work and newfound motivation, you reach your goals faster.

Good time management allows you to accomplish more in a shorter period of time, which leads to more free time, which lets you take advantage of learning opportunities, lowers your stress, and helps you focus, which leads to more career success. Each benefit of time management improves another aspect of your life.