UGAH UCHE CHUKWUNENYE

17/ENG04/071

ELECTRICAL ELECTRONICS ENGINEERING

QUESTION 1

* **It enhances your decision-making ability:** This has a powerful effect on the quality of your decisions and, in turn, affects almost every aspect of your life, from your career progression to your relationships, friendships and social life.
* **It improves your career:** Rather than going with the flow, having good time management skills lets you control your life and take the lead at work.
* **You can accomplish more:** Being in control of your time is great for productivity. You’ll find that you can get far more done in less time when you aren’t constantly rushed off your feet.
* **It opens up new possibilities**
* **It improves the quality of your work**: It means that you manage your time effectively and space out your work while keeping your regular sleeping routine.