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1] Time management is one of the most effective skills out there and it has a great influence on your professional and personal life. We all know for a fact that time is one of the most scarce and valuable resources, which can’t be wasted. If you are not properly using your time to be productive, you will end up losing your personal time for work. When you constantly waste time, you can’t achieve your goals. Time is something that doesn’t discriminate against anyone on the basis of age, religion, gender or income. A poor guy has the same amount of time as a rich guy. We are given a fixed time however, some manage to make the most of it and others just waste it. Only when you realize how important time is, you can be truly motivated to work harder to acquire good time management. So, the only difference between a successful man and someone who is struggling at work or life is the different approach towards time and its management.

If you really want to change the way you manage your time, you should start by setting the right goals for yourself so you can work towards achieving them. Along with goals, you also need to identify your routine and point out what time-wasting activities you indulge in. When you identify all the bad habits that are causing you to be less productive, you can start working on quitting them. You can do just that and much more by using Week Plan’s project management tool. The majority of the people struggle with time management and only less than 10% of all people can actually succeed in achieving goals through proper time management; it’s up to you which side you want to be on.