

U7/ENG03/055

CIVIL ENGINEERING

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ENG LAW

1. Time management is crucial for success and realization of goals. Discuss succinctly on this statement

"Time is your most precious resource" Brian Tracy. "It is the most valuable thing you have. It is perishable, it is irreplaceable, and it cannot be saved." It's true. We all have the same amount of time. When the time is gone - it's gone - and it's gone forever.

Why is time management important for students

Good time management skills help students prioritize tasks so they are able to complete school work and assignments on time. Students are able to plan ahead, set aside the time they need for projects and assignments and make better use of that time.

Becoming better at managing time allows students to become more organized, more confident, and learn more effectively. It can also help students avoid the dreaded procrastination problem, which can be a slippery slope to stress, frustration, and poor grades.