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**Reasons time management is crucial for success and realization of goals**

Time management is the effective use of your time that allows you to plan your days in such a way that you finish your work with less effort and make the most of the limited time you’ve got.

* **You can accomplish more with less effort.**
* **Improved decision-making ability.**
* **Become more successful with your goals.**
* **Reduce stress.**
* It helps you achieve what your goals, and faster

#### It helps you get more done, but in less time

#### It helps you clear your schedule for more leisure time, and feel more energize