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QUESTION

Time management is crucial for success and realization of goals.

Discuss succinctly on this statement

Answer

First of all, what is time management?

Time management is the process of planning and exercising conscious control of time spent on specific activities, especially to increase effectiveness, efficiency, and productivity.

With this known, you then realise that good time management allows you to accomplish more in a shorter period of time, which leads to more free time, which lets you take advantage of learning opportunities, lowers your stress, and helps you focus, which leads to more career success. Each benefit of time management improves another aspect of your life.