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The somatosensory system is composed of the neurons that make sensing touch, temperature, and position in space possible.

The somatosensory system is distributed throughout all major parts of our body. It is responsible for sensing touch, temperature, posture, limb position, and more. It includes both sensory receptor neurons in the periphery (eg., skin, muscle, and organs) and deeper neurons within the central nervous system.

Structure

A somatosensory pathway will typically consist of three neurons: primary, secondary, and tertiary.

In the periphery, the primary neuron is the sensory receptor that detects sensory stimuli like touch or temperature. The cell body of the primary neuron is housed in the dorsal root ganglion of a spinal nerve or, if sensation is in the head or neck, the ganglia of the trigeminal or cranial nerves.

The secondary neuron acts as a relay and is located in either the spinal cord or the brainstem. This neuron’s ascending axons will cross, or decussate, to the opposite side of the spinal cord or brainstem and travel up the spinal cord to the brain, where most will terminate in either the thalamus or the cerebellum.

Tertiary neurons have cell bodies in the thalamus and project to the postcentral gyrus of the parietal lobe, forming a sensory homunculus in the case of touch. Regarding posture, the tertiary neuron is located in the cerebellum.

Processing

The primary somatosensory area of the human cortex is located in the postcentral gyrus of the parietal lobe. The postcentral gyrus is the location of the primary somatosensory area, the area of the cortex dedicated to the processing of touch information. At this location there is a map of sensory space referred to as a sensory homunculus.

A cortical homunculus is the brain’s physical representation of the human body; it is a neurological map of the anatomical divisions of the body. The surface area of cortex dedicated to a body part correlates with the amount of somatosensory input from that area.