NAME; WHYTE SOIBI

MATRIC NUMBER; 18/MHS07/052

DEPARTMENT; PHARMACOLOGY

COURSE CODE; PHS 212

LEVEL; 200

QUESTION:

Discuss The somatosensory pathways.

ANSWER:

**GENERAL ORGANIZATION OF THE SOMATOSENSORY SYSTEM**

The somatosensory system is composed of the neurons that make sensing touch, temperature, and position in space possible. The somatosensory system is distributed throughout all major parts of our body. It is responsible for sensing touch, temperature, posture, limb position, and more. It includes both sensory receptor neurons in the periphery (eg., skin, muscle, and organs) and deeper neurons within the central nervous system.

Structure

A somatosensory pathway will typically consist of three neurons: primary, secondary, and tertiary.

1. In the periphery, the primary neuron is the sensory receptor that detects sensory stimuli like touch or temperature. The cell body of the primary neuron is housed in the dorsal root ganglion of a spinal nerve or, if sensation is in the head or neck, the ganglia of the trigeminal or cranial nerves.
2. The secondary neuron acts as a relay and is located in either the spinal cord or the brainstem. This neuron’s ascending axons will cross, or decussate, to the opposite side of the spinal cord or brainstem and travel up the spinal cord to the brain, where most will terminate in either the thalamus or the cerebellum.
3. Tertiary neurons have cell bodies in the thalamus and project to the postcentral gyrus of the parietal lobe, forming a sensory homunculus in the case of touch. Regarding posture, the tertiary neuron is located in the cerebellum.

Processing

The primary somatosensory area of the human cortex is located in the postcentral gyrus of the parietal lobe. The postcentral gyrus is the location of the primary somatosensory area, the area of the cortex dedicated to the processing of touch information. At this location there is a map of sensory space referred to as a sensory homunculus. A cortical homunculus is the brain’s physical representation of the human body; it is a neurological map of the anatomical divisions of the body. The surface area of cortex dedicated to a body part correlates with the amount of somatosensory input from that area.

For example, there is a large area of cortex devoted to sensation in the hands, while the back requires a much smaller area. Somatosensory information involved with proprioception and posture is processed in the cerebellum.

Functions

The somatosensory system functions in the body’s periphery, spinal cord, and the brain.

* Periphery: Sensory receptors (i.e., thermoreceptors, mechanoreceptors, etc.) detect the various stimuli.
* Spinal cord: Afferent pathways in the spinal cord serve to pass information from the periphery and the rest of the body to the brain.
* Brain: The postcentral gyrus contains Brodmann areas (BA) 3a, 3b, 1, and 2 that make up the somatosensory cortex. BA3a is involved with the sense of relative position of neighboring body parts and the amount of effort being used during movement. BA3b is responsible for distributing somatosensory information to BA1 and shape and size information to BA2.

The somatosensory pathway is composed of three neurons located in the dorsal root ganglion, the spinal cord, and the thalamus. A somatosensory pathway will typically have three long neurons: primary, secondary, and tertiary. The first always has its cell body in the dorsal root ganglion of the spinal nerve. The second has its cell body either in the spinal cord or in the brainstem; this neuron’s ascending axons will cross to the opposite side either in the spinal cord or in the brainstem. The axons of many of these neurons terminate in the thalamus, and others terminate in the reticular activating system or the cerebellum.

In the case of touch and certain types of pain, the third neuron has its cell body in the ventral posterior nucleus of the thalamus and ends in the postcentral gyrus of the parietal lobe.

In the periphery, the somatosensory system detects various stimuli by sensory receptors, such as by mechanoreceptors for tactile sensation and nociceptors for pain sensation. The sensory information (touch, pain, temperature, etc.,) is then conveyed to the central nervous system by afferent neurons, of which there are a number of different types with varying size, structure, and properties.

Generally, there is a correlation between the type of sensory modality detected and the type of afferent neuron involved. For example, slow, thin, unmyelinated neurons conduct pain whereas faster, thicker, myelinated neurons conduct casual touch. Photoreceptors, similar to those found in the retina of the eye, detect potentially damaging ultraviolet radiation (ultraviolet A specifically), inducing increased production of melanin by melanocytes. Thus tanning potentially offers the skin rapid protection from DNA damage and sunburn caused by ultraviolet radiation (DNA damage caused by ultraviolet B). However, whether this offers protection is debatable, because the amount of melanin released by this process is modest in comparison to the amounts released in response to DNA damage caused by ultraviolet B radiation.

Tactile feedback

The tactile feedback from proprioception is derived from the proprioceptors in the skin, muscles, and joints.

Balance;

The receptor for the sense of balance resides in the vestibular system in the ear (for the three-dimensional orientation of the head, and by inference, the rest of the body). Balance is also mediated by the kinesthetic reflex fed by proprioception (which senses the relative location of the rest of the body to the head). In addition, proprioception estimates the location of objects which are sensed by the visual system (which provides confirmation of the place of those objects relative to the body), as input to the mechanical reflexes of the body.

Fine touch and crude touch;

The cortical homunculus, a map of somatosensory areas of the brain, was devised by Wilder Penfield.

Fine touch (or discriminative touch) is a sensory modality that allows a subject to sense and localize touch. The form of touch where localization is not possible is known as crude touch. The posterior column–medial lemniscus pathway is the pathway responsible for the sending of fine touch information to the cerebral cortex of the brain.

Crude touch (or non-discriminative touch) is a sensory modality that allows the subject to sense that something has touched them, without being able to localize where they were touched (contrasting "fine touch"). Its fibres are carried in the spinothalamic tract, unlike the fine touch, which is carried in the dorsal column. As fine touch normally works in parallel to crude touch, a person will be able to localize touch until fibres carrying fine touch (Posterior column–medial lemniscus pathway) have been disrupted. Then the subject will feel the touch, but be unable to identify where they were touched.

Neural processing of social touch;

The somatosensory cortex encodes incoming sensory information from receptors all over the body. Affective touch is a type of sensory information that elicits an emotional reaction and is usually social in nature, such as a physical human touch. This type of information is actually coded differently than other sensory information. Intensity of affective touch is still encoded in the primary somatosensory cortex and is processed in a similar way to emotions invoked by sight and sound, as exemplified by the increase of adrenaline caused by the social touch of a loved one, as opposed to the physical inability to touch someone you don't love.

Meanwhile, the feeling of pleasantness associated with affective touch activates the anterior cingulate cortex more than the primary somatosensory cortex. Functional magnetic resonance imaging (fMRI) data shows that increased blood-oxygen-level contrast (BOLD) signal in the anterior cingulate cortex as well as the prefrontal cortex is highly correlated with pleasantness scores of an affective touch. Inhibitory transcranial magnetic stimulation (TMS) of the primary somatosensory cortex inhibits the perception of affective touch intensity, but not affective touch pleasantness. Therefore, the S1 is not directly involved in processing socially affective touch pleasantness, but still plays a role in discriminating touch location and intensity.

Ascending Pathways

In the spinal cord, the somatosensory system includes ascending pathways from the body to the brain. One major target within the brain is the postcentral gyrus in the cerebral cortex. This is the target for neurons of the dorsal column–medial lemniscal pathway and the ventral spinothalamic pathway.

Note that many ascending somatosensory pathways include synapses in either the thalamus or the reticular formation before they reach the cortex. Other ascending pathways, particularly those involved with control of posture, are projected to the cerebellum, including the ventral and dorsal spinocerebellar tracts. Another important target for afferent somatosensory neurons that enter the spinal cord are those neurons involved with local segmental reflexes.