**FIDE-AKWUOBI ANTHONY CHIZALU**

**17/ENG06/037**

**MECHANICAL ENGINEERING**

**22/06/2020**

This report comprises my daily routine during the Covid-19 indoor period. These activities were not all performed daily as unique activities come up regularly.

**Morning Workout**: At least 30 minutes every morning is dedicated to exercising which includes dynamic stretches, jogging and weighted exercises. This helps me keep fit throughout the period as I play soccer in school and is a great way to retain form.

**2-hour Study:** I try my best to study any of my course materials daily for 2 hours at least taking two to three topics in this timeframe. It helps keep the illusion that I am still in school as the semester is still in session

**Graphics Designing:** I am a graphics designer and everyday, I complete unfinished jobs for clients, personal projects or visit tutorials to improve my skills in this area.

**Creative Writing**: I look at tutorials everyday in creative writing as I challenge myself to write a few texts per week.

**Soccer:** I play soccer in the evenings at home with my brothers. I also complete certain drills to improve technique and ability in my position.