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TOPIC : HUMAN TRAFFICKING

Human Trafficking can be said to be the modern day slavery ,it is the action or practice of illegally transporting people from one country or area to another, typically for the purposes of forced labour or sexual exploitation; in other words it involves the use of force ,fraud ,or coercion to obtain some type of labour or commercial sex act.

Traffickers exploit others for the profit gained from forced labour and commercial sex, they lure and ensnare people into forced labour and sex trafficking by manipulating and exploiting their vulnerabilities. The three main types of human trafficking are sex trafficking ,forced labour, and debt bondage; forced labour being the biggest sector of trafficking in the world based on research.

Sex trafficking victims are mainly women and girls but can also be men or boys ,these victims usually are used to perform commercial sex by force ,fraud or coercions; Some forms of sex trafficking include prostitution ,pornography ,stripping, live-sex shows ,mail-order brides ,military prostitution and sex tourism.

The second type of trafficking called forced labour is any work or service which people are forced to do against their will, under threat of punishment.

The last type being debt bondage also referred to as debt slavery is the pledge of a person's services as security for the repayment of a debt or other obligation, where the terms of the repayment are not clearly reasonably stated and the person who is holding the debt thus has some control over the labourer.

People fall victim of trafficking due to different reasons some of which are: poverty ,greed ,lack of knowledge of the effects of trafficking and so on. Some effects of human trafficking include: devastating psychological trauma, post traumatic stress, difficulty in relationships, depression, memory loss, anxiety ,fear, guilt ,shame ,sexual diseases.

Human trafficking can be prevented by public awareness, enlightenment through the mass media, donating and supporting anti-trafficking organizations, exposing how human traffickers target and recruit their victims, assisting in the provision of resources for attorneys representing victims of human trafficking.

Trafficking is a global problem and has been around for centuries, although there may never be an end to Human trafficking, knowledge is the ultimate power and by people working together to fight human trafficking, a lot of lives can be saved.