

NAME: Oluwadamilare Faith Oluwadarasimi

DEPARTMENT: Human Nutrition and Dietetics

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COURSE TITLE: Communication in English

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ASSIGNMENT TITLE: Assignment on Essay writing

Question

You were taught that in writing an academic essay, you should start with the perception of a problem. Perceive a problem in your present environment; formulate a researchable topic for it and the essay should not exceed three pages.

**CAUSES AND EFFECT OF NON-COMPLIANCE TO COVID 19 PREVENTION
GUIDELINES**

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus called severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The outbreak was first identified in Wuhan, China, in December 2019. The virus is primarily spread between people during close contact which is often via small droplets produced by coughing, sneezing, or talking. There is no known vaccine or specific antiviral treatment.

Some preventive measures were recommended by the WHO which include hand washing, coughing or sneezing into a tissue and disposing immediately, social distancing, monitoring and self-isolation for people who suspect they are infected, wearing of face masks, and the use of hand sanitizer. However, these guidelines, which were designed to slow the spread of COVID-19 and contribute to public well-being, are being violated by many individuals. Some individuals do not wear the face mask at all; even if they do they place it below their chin just to escape authorities that might prevent them from going to public places.

The reasons why many people disregard these preventive guidelines include discomfort especially with wearing face masks. When face masks are worn for a long time it causes

difficulty in breathing due to insufficient oxygen. This is because there is a limited amount of air going into the mask compared to the carbondioxide in the mask. This makes people uncomfortable with wearing the masks as it has to be worn for a long time.

Also, the nature of work of some individuals may be a reason why the rules are violated. For example hawkers that has to shout to advertise their products would not want to wear a face mask. This is because the face mask causes a barrier or an obstruction to the production of sound, therefore, preventing them from working efficiently. This would in turn reduce the profit they would have for that day.

Furthermore, poverty could be another reason why the rules are not completely obeyed. There are some individuals who could not afford more than a meal even when there was no pandemic and there was no restriction of movement. They possibly won't be able to get all the materials required to keep themselves from getting the virus. This is because the amount of money they would use to get all these items would be enough to buy more than a month's meal for them.

In addition, some individuals think that the coronavirus is not real, but made up stories by the government to have access to funds, from developed countries, non-governmental organizations, and wealthy individuals. A few that think it is real, believe that it is meant for the rich or for those in power and that the numbers of the infected persons are being inflated. They believe they cannot have it and do not think it necessary to follow the laid down guidelines made to keep one from getting the coronavirus.

Moreover, those who believe that the coronavirus is real and thinks it necessary to take the precautions don't easily get the materials within their reach, like the hand sanitizer. The commodity became scarce and highly expensive such that not everybody can get it. The demand is higher than the supply.

The above mentioned causes of violation of the preventive guidelines have resulted into numerous effects. Some of which are: difficulty in controlling the spread of the virus, increase in the spread of the virus, and increase in the mortality rate. It would be difficult to control the spread of the virus as there is a low level of compliance to the measures put in place. There would be little barrier in the spread of the virus. It would reduce the efficacy of the recommended guidelines to limit the number of people that would be infected by the virus.

In addition, there would be an increase in the rate of the spread of the virus since the preventive measures put in place, are not strictly observed. Therefore, things might not return back to normal as quickly as it should be thereby preventing some important decisions like school reopening to be taken. The government would not want to risk opening of schools when adults are not able to fully comply with the laid down rules. Also, there might be an increase in the number of people that might die from the virus, since there is an increase in the number of infected persons.

In conclusion, non-compliance to COVID 19 prevention guidelines has resulted into numerous effects. This affects the return to normalcy that will favor growth in economy and safe human existence.