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Course Code: GST 122

## HUMAN RIGHT ABUSE

What are human rights? Human rights are moral principles or norms that describe certain standards of human behaviour and are regularly protected as natural and legal rights in municipal and international law. It can also be defined as rights which all human beings have by virtue of their humanity. There have been various complaints of human rights over the years.

What is human right abuse? Human right abuse is the violation of the basic rights of people by treating them wrongly. To protect human rights is to ensure that people receive some degree of descent, humane treatment. To violate the most basic human rights, on the other hand, is to deny individuals their fundamental moral entitlements. It is in a sense, to treat them as if they are less than human and undeserving of respect and dignity. Examples are acts typically deemed "crimes against humanity," including genocide, torture, slavery, rape, enforced sterilization or medical experimentation and deliberate starvation. Because these policies are sometimes implied by governments, limiting the unrestrained power of the state is an important part of international law. Underlying laws that prohibit the various "crimes against humanity" is the principle of non discrimination and the notion that certain basic rights applies universally.

Firstly, the gravest violation to the right to life are massacres, the starvation of the entire populations and genocide. Genocide is commonly understood as the international extermination of a single ethnic, racial or religious group. Killing group members, causing them serious bodily or mental harm, imposing measures to prevent birth, or forcibly transferring children are always to bring about the destruction of a group. Genocide is often regarded as the most offensive crime against humanity.

Secondly, women and girls are often raped. For a long time, the international community has failed to address the problem of sexual violence during armed conflict. Trafficking in women is a form of sexual slavery in which women are transported across national borders and marketed for prostitution.

Furthermore, in psychology torture, detainees are sometimes deprived of food and water for long periods, kept standing upright for hours, deprived of sleep, or tormented by high-level noise. Torture is used in some cases as a way to carry out interrogations and extract confessions or information. Today, it is increasingly used as a means of suppressing political and ideological dissent, or for punishing political opponents who do not share the ideology of the ruling group. In addition to torture, tens of thousands of people detained in connection with conflicts "disappear" each year, and are usually killed and buried in secret.

In conclusion, international humanitarian law has been enacted to preserve humanity in all circumstances, even during conflicts. Such law "creates areas of peace in the midst of conflict", imposes the principle of a common humanity, and calls for dialogue. Serious difficulties arise, however, when those in power are responsible for human rights violations. In this case, outside intervention is

necessary to stop the abuse. Schools should try to or make it compulsory for pupils and students to know about their rights and what to be done or what steps to be taken when their rights are being infringed upon or violated. They should be taught how to speak up or fight for themselves. Non governmental organisations should also help against the infringement of human rights.