

experimenting and trying out drugs and alcohol. And before one knows it, he or she cannot do without drugs.

Some of them could be curiosity. As teenagers are not immune to the urge and they are eager to know what it feels like. Even if they know drugs are bad, they don't believe that anything to bad can actually happen to them. Depression is a very common cause of drug abuse among the teenagers today. They feel drugs makes them forget their problems and feel happier. It may even be stress from major school activities and work and they use the hard days as a form of ^{other} relaxation.

There are many cause and reasons why people go into drugs like Peer pressure, low self-esteem and other things. But these drugs caused a whole lot of damages to the individual and even the society. Drugs on a normal day changes the chemical process of your body in one way or the other but the misuse, changes from the normal way your body works.

To begin with, the brain. The brain is a very complex and delicate organ and the abuse of drugs changes the way you feel by altering the chemicals that keep your brain working smoothly. Also, when you take a hard drug for the first time, the brain releases a chemical called dopamine which makes you want to take more and more and then it grows to addiction. Drug abuse could bring about infections. When ^{someone is} ~~you get~~ under the influence of drugs, the persons is definitely not in the right state of mind and is may forget to

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Drugs are substances used to treat illness, relieve a symptom, or modify the chemical process in the body for a specific purpose. On the other hand, drug abuse is simply the use of drugs without a proper instruction from a health specialist. The overindulgence, dependence on drugs is drug abuse.

In our environment today, the major class of people involved in drug abuse are the teenagers and the youths followed by the adults. Sometimes drug abuse is not intentional. It's fatal for instance someone has a headache and then goes to get takes two tablets of paracetamol. And then after two hours the ache persists the person is now tempted to stop the pain with an extra five tablets of paracetamol. In this case this act is not intentional because the person has been told paracetamol causes headache and instead of going to the hospital for proper checkup he continues taking the paracetamol hoping it would stop the ache. This is a very common act of drug abuse in our society.

But sometimes or most time this act is done intentionally. One of the most common reasons that people go into drugs is because they are bored. When one has nothing to do, he or she starts

