UBA AMALACHUKWU

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PHARMACOLOGY

URINALYSIS

A urinalysis is a simple test that looks at a small sample of your urine. It can help find problems that need treatment, including infections or kidney problems. It can also help find serious diseases in the early stages, like kidney disease, diabetes, or liver disease. A urinalysis is also called a “urine test.”

Because toxins and excess fluid are removed from the body in urine, analysis of urine can provide important health clues. Urinalysis can be used to detect certain diseases, such as diabetes, gout, and other metabolic disorders, as well as kidney disease. It can also be used to uncover evidence of drug abuse. For some tests it is important to get the first urine of the day, which contains the highest concentration of toxins and other substances to be analysed.