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MAT NO.: 18/MHS02/034

**MICTURITION**

Micturition, also known as urination is rhe process of expelling urine from the bladder. this action is also know as urine voiding. The kidneys filter the urine and it is transported to the urinary bladder via the ureters where it is stored till its expulsion. The process of maturition is regulated by the nervous system and the muscles of the bladder and urethra.