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El-Yakub lateefah

Mechatronics

PARENTING

Good parent-children communication is key to happiness in any home. When children are able to communicate freely with their parents and vice versa but that is not the case in most communities. Children do not share a bond with their parents anymore. Issues can not be resolved in kind words it’s only telling and slamming of doors and chaos.

Most people believe that it is at the teenage age that a child loses it bond with it’s parents. The teenage stage is one of the most difficult stage of a child’s life. That is when a child is most active emotionally, spiritually, mentally, sexually, even physically. That is the stage when kids realise who they are, their passions, their self attributes e Ben their future so why is it then that parents give children space? Why is it at that crucial time that the parent-children bond is lost.

You see the thing with people is that everybody wants a safe space. To be in the presence of someone who wouldn’t judge you. To be able to express yourself without the slightest bit of shame or insecurity. Now I can assure you for 90% of children around the world that safe space is not with their parents. It’s probably with their friends or themselves and something’s even their teachers but never their parents, why? Because parents don’t listen, they never understand. Parents are like dictators in our lives they tell us what to do and when to do it. Which is wrong parents are suppose to be like guardians. To protect us and guide us not to dictate our lives.

I think there’s so much work to be done once it comes to parenting. Harsh words should not be a means of correction. Is it really correction if someone has to go through emotional pain. Appreciation, yes it’s okay to tell your child that you’re proud of them. It’s okay to let them know that they did their best and you’re okay with that. Let them feel good about themselves. Who a child becomes in the future might just be a reflection of how they were treated by their parents.

I conclude with the words of a wise man “Your children are not your children.

They are the sons and daughters of Life's longing for itself.

They come through you but not from you,

And though they are with you yet they belong not to you.

You may give them your love but not your thoughts,

For they have their own thoughts.

You may house their bodies but not their souls,

For their souls dwell in the house of tomorrow,

which you cannot visit, not even in your dreams.

You may strive to be like them,

but seek not to make them like you.

For life goes not backward nor tarries with yesterday.”