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**EFFECTS OF RAPE ON HUMANS**

Without a doubt, there are few categories of crime that affects the community as much as rape, sexual assault, and other so called sex crimes. The impact of rapes and sexual assaults can be seen in the very way we live our lives and how parents bring up their children because it affects our overall sense of safety.

RAPE is a typical sexual assault usually involving sexual intercourse or other forms of sexual penetration carried out against a person without the person’s consent. The act maybe carried out by physical force, coercion, abuse of authority, or against a person who is capable of giving a valid consent, such as one who is unconscious, incapacitated, has an intellectual disability, or is below the legal age of consent. **RAPE CAN ALSO BE CLASSIFIED AS SEXUAL ASSAULT.**

Having given the knowledge of rape as a whole, I will move on to discuss what victims feel after the act of rape has been done to them. Victims of rape pass through post-traumatic stress disorder which includes flashbacks on the where about of the time they were raped, having serious nightmares as the brain tries to process, understand and recover from what has happened, severe anxiety, and also most importantly have incoming uncontrollable thoughts processing in their memories making them not to concentrate or focus in their aspect of life which they are in mostly school work. As a matter of fact victims of rape undergo depression, including prolonged sadness, having the feeling of hopelessness, crying every time they think of how they have been assaulted, inability to perform in the activities they once did.

Thoughts of suicidal attempts flow into the minds of the victims, not feeling among the society as a reason of being raped and as a result of feeling destroyed by the rapist. This are the mental ways rape victims are affected by sexual assaults also known as rape.

Furthermore, victims of rape are not only affected mentally but are also affected both physically and emotionally. Rape victims tend to feel broken, they are bruised in the private sectors as a result of the rapist forcefully trying to get access into the victim, they have difficulty in walking, there is a possibility also that they must have contracted the sexually transmitted disease popularly known as STD. Most of them get unwanted pregnancy belonging to the rapists and the most painful part of all of this is that they bleed bountifully through either their anal or their vaginal. All these things are what people see they are the physical things people notice in a rape victim.

It is important to note however, that rape victims feel anger boiling in their veins for how they have been used, they feel sense of vulnerability, they are always shocked when they feel or hear anything concerning rape incidents, they blame themselves because they feel they could have done something to prevent the attack or if the person knows the rapist, may have felt that they somehow provoked the rape and also they feel a sign of weakness in their bones, not being able to resist from the attack or find their way out of the attack. Rape plays with their emotional well being, and it causes fear upon the victims, fear to speak up about the rape incidents because they don’t know what people will say about them or they have been threatened during the assault never to talk about it. They are always in doubts about if anybody can help them with the issue and for this reason are scared to bring out the rapists.

In conclusion, I would like to emphasize that sexual assaults poses an obstacle to peace and security and also leaves a very big scar on the victims. It impedes victims from doing what they do normally in their everyday life. Many victims lose their health, livelihoods, friends, colleagues, families and support network as a result of rape. All rapist should be brought before the law and judged according to the way they have left a scar on a rape victim. JUSTICE MUST PREVAIL.