NAME: OBERIKO OGHENERUNO FAVOUR

MATRIC NO: 18/MHS02/123

DEPARTMENT: NURSING

COLLEGE: MHS

COURSE: PHYSIOLOGY

CORSE CODE: PHS 212

 QUESTION: Write a short note on Micturition

 ANSWER

First of all, what is Micturition? This is the act of urinating. Micturition or urination is the release of urine from the urinary bladder through the urethra to the outside of the body. It is the urinary system’s form of excretion. Micturition occurs when smooth muscle in the wall of the bladder stretches, the micturition reflex (urination) is triggered. Urine produced in the kidneys travels down the ureters into the urinary bladder. The bladder expands like an elastic sac to hold more urine. As it reaches capacity, the process of micturition, or urination begins.

 THE END.