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COLLEGE: LAW

DEPT: LAW

COURSE: COMMUNICATION IN ENGLISH LANGUAGE

ASSIGNMENT: DRUG ABUSE

 DRUG ABUSE: Drug Abuse or substance abuse can refer to the use of certain chemical for the purpose of creating pleasurable effects on the brain. It can also be when you use alcohol, prescription medicine, and other legal substances too much or in the wrong way. Substances abuse differs from addiction. Many people with substance abuse problem are able to quit or can change their unhealthy behavior. Addiction, on the other hand, is also a disease, which means you can’t stop using even when your condition causes you harm in your body system. There are over190 million drug users around the world and the problem has been increasing at alarming rate, especially among young adults under the age of 30. Apart from the long term damage to the body drug abuse causes, drug addicts who use needles are also at risk of contracting HIV and hepatitis B and C infections.

Drug abuse is one of the banes of modern society.it has hit all region and all sections of our society, it is found in rural and urban areas among poor and rich, among them are men, women, young and old. But it is most overwhelmingly practiced by young boys and girls especially in hostel and almost all the educational and technical institutions. The use of drug abuse is almost in all countries of the world. Day by day alcohol is becoming increasingly available and is used widely. Addiction has become a curse upon human beings, to affects not only the drug addicts but also others directly or in directly, for common people it is weakness in character. A moral theologian may see it as a matter of vice while sociologists see it as a social problem. It is considered sin by religious people and as a crime by law enforcement agency. The psychiatrist can describe it as a personality disorder problem, the alcoholics anonymous group and the treatment centers call them patients and alcoholic is handled by a disease.

Drug abuse is also known as substance abuse, and can be defined as a patterned use of a drug in which the user consumes the substance in amounts or with method which are harmful to them or others, and when an individual persists in use of alcohol or other drugs despite problem related to use of the substance, substance dependence may be diagnosed. Thus compulsive and repetitive use may result in tolerance to the effect of the drug and result in withdrawal symptoms when use is reduced or stopped.

CLASSIFICATION OF DRUGS

Drugs can be divided into two major group

LEGAL DRUGS

ILLEGAL DRUGS

LEGAL DRUGS: Legal drugs are those drugs which are manufactured, produced, bought and sold within the confines of the law. Drugs like aspirin cough syrups, laxative’s, antacids, vitamins and certain contraceptives from the physician, these non-prescription drug are used for hunger control,sedation,stimulation,dandruff constipation, relief .

ILLEGAL DRUGS: These are those drugs which are not used legally but are abused, largelysss it can be further divided into two according to its potentiality to produce high and low dependence

DRUG CATEGORIES

 CLASSIFICATION OF ADDICTIVE DRUGS

 \*DEPRESSANTS: Depressants at times called downers depress or slow down the function of mind and especially the central nervous system, the heart beat and respiration, people resort to chemicals to have relaxation, calmness and proper sleep. These causes depression of the brain faculties and example include sleeping pills(barbiturates) and heroin.

 STIMULANTS: Chemical and drugs which temporarily stimulate mind and body and excite or sped up the central nervous system, are called stimulants. These cause stimulation of the brain, giving rise to alertness and increased bursts of activity. A rapid heart rate, dilated pupils, raised blood preasure, nausea or vomiting and behavioral changes such as agitation, and impaired judgement may also result, in severe cases, there may be delusional psychosis which can occur with the use of cocaine and amphetamines.

 HALLUCINOGENS: This cause hallucination and an out of this world feeling of dissociation from oneself, Hallucinogen may cause distorted sensory perception, delusion, paranoia and even depression. Example include ecstasy, mescaline.

EPIDEMIOLOGY OF DRUG ABUSE

 Cannabis, marijuana and hashish are the most widely abused drug in the world. Around 141 million people worldwide consume cannabis. The of stimulants such as amphetamine and ecstasy is also widespread, with nearly 30 million people abusing these drugs. Cocaine is used by 13 million people across the globe. With the highest numbers of users in the united states. Abusing of heroin and other opioids is less common than with other drugs and is taken up by around million people worldwide, mainly in south west Asia and Europe

SIGNS AND SYMPTOMS OF DRUG ABUSE.

\*Feeling that one needs the drug on a regular basis to have fun, relax or deal with your problem.

\*Giving up familiar activities such as sports, homework, or hobbies.

\*Sudden change in work or school attendance and quality of work or grades.

\*Doing one thing one normally wouldn’t do to obtain drugs, such as frequently borrowing of money or stealing items from employer, home and school.

\*Taking uncharacteristic risk, such as driving under the influence or sexually risky behavior.

\*Anger outbursts, acting irresponsibly and overall attitude change,

\*Deterioration of physical appearances and grooming.

\*No longer spending time with friends who don’t use drugs or associating with known user

\*Engaging in secretive suspicious behavior such as frequent trips to storage rooms, restrooms, basement.

\*Talking about drugs all the time and pressuring others to use it.

\*Feeling exhausted, depressed, hopeless or suicidal.

RISK FACTORS FOR DRUG ABUSE

\*Certain factors predispose teenagers to drugs abuse, these include.

\*Family history of substance abuse.

\*History of depression and low self-esteem.

\*Feeling of not fitting in, and dropping out of mainstream.

\*A smoking habits has likewise been correlated with substance abuse, teens who smoke are eight times likely to use marijuana and twenty-two times more like to use cocaine.

WARNING SIGNS A TEENAGE HAS PROBLEM OF DRUG ABUSE

PHYSICAL SIGN:Fatigue,repeated health complaints, red and glazed eyes, lasting cough.

\*EMOTIONAL SIGN, FAMILY DYNAMIC SIGN, SCHOOL PROBLEM.

PREVENTIVE MEASURES FOR DRUG ABUSE

\*Teaching and awareness programs.

\*Resists peer pressure.

\*Manage stress and anxiety.

\*Increasing taxes on addictive materials like cigarettes.

\*Campaigns to appeal; youth against it.

\*Control on PTC medication.

\*Role of parent’s imperative.