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EXPLAIN URINE FORMATION AND CONCENTRATION

 Urine formation is a blood cleansing function. Normally, about 1,300 mL of blood (26% of cardiac output) enters the kidneys. Kidneys excrete the unwanted substances along with water from the blood as urine. Normal urinary output is 1 L/day to 1.5 L/day.

Processes of Urine Formation

When blood passes through glomerular capillaries, the plasma is filtered into the Bowman capsule. This process is called glomerular filtration.

Filtrate from Bowman capsule passes through the tubular portion of the nephron. While passing through the tubule, the filtrate undergoes various changes both in quality and in quantity. Many wanted substances like glucose, amino acids, water and electrolytes are reabsorbed from the tubules. This process is called tubular reabsorption.

And, some unwanted substances are secreted into the tubule from peritubular blood vessels. This process is called tubular secretion or excretion.

Thus, the urine formation includes three processes:

 A. Glomerular filtration B. Tubular reabsorption C. Tubular secretion.

Among these three processes filtration is the function of the glomerulus. Reabsorption and secretion are the functions of tubular portion of the nephron.

 CONCENTRATION OF URINE

Every day 180 L of glomerular filtrate is formed with large quantity of water. If this much of water is excreted in urine, body will face serious threats. So the concentration of urine is very essential.

Osmolarity of glomerular filtrate is same as that of plasma and it is 300 mOsm/L. But, normally urine is concentrated and its osmolarity is four times more than that of plasma, i.e. 1,200 mOsm/L.

Osmolarity of urine depends upon two factors: 1. Water content in the body

2. Antidiuretic hormone (ADH).

Mechanism of urine formation is the same for dilute urine and concentrated urine till the fluid reaches the distal convoluted tubule. However, dilution or concentration of urine depends upon water content of the body.

 FORMATION OF DILUTE URINE

When, water content in the body increases, kidney excretes dilute urine. This is achieved by inhibition of ADH secretion from posterior pituitary (Chapter 66). So water reabsorption from renal tubules does not take place (see Fig. 53.4) leading to excretion of large amount of water. This makes the urine dilute.

 FORMATION OF CONCENTRATED URINE

When the water content in body decreases, kidney retains water and excretes concentrated urine. Formation of concentrated urine is not as simple as that of dilute urine.

It involves two processes:

1. Development and maintenance of medullary

gradient by countercurrent system

 2. Secretion of ADH.

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