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**DEPARTMENT: NURSING.**

**COURSE TITLE: PHYSIOLOGY.**

**URINALYSIS**

A urinalysis is a test of your urine. A urinalysis is used to detect and manage a wide range of disorders, such as urinary tract infections, kidney disease and diabetes. A urinalysis is also called a urine test. A urinalysis involves checking the appearance, concentration and content of urine. Abnormal urinalysis result may point to a disease or illness.

A urinalysis is a common test that is done for several reasons:

* **To check your overall health**. Your doctor may recommend a urinalysis as part of a routine medical exam, pregnancy checkup, pre-surgery preparation, or on hospital admission to screen for a variety of disorders, such as diabetes, kidney disease and liver disease.
* **To diagnose a medical condition**. Your doctor may suggest a urinalysis if you are experiencing abdominal pain, back pain, frequent or painful urination, blood in your urine or other urinary problems. A urinalysis may help diagnose the cause of the symptoms.
* **To monitor a medical condition**. If you have been diagnosed with a medical condition, such as kidney disease or urinary tract disease, your doctor may recommend a urinalysis on a regular basis to monitor our condition and treatment.