

Introduction to Human Nutrition and Dietetics (NTD 212)  
Lecture-3

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## Career Opportunities in Nutrition and Dietetics

- The balance of courses in basic sciences, social sciences and biological sciences, and integration of these in human nutrition courses prepare nutrition graduates for many career options.
- Holder of a degree in Human Nutrition can be employed as nutrition programme officer or research fellow with the following:
  - UNICEF,
  - Federal Institute Industrial Research Organization (FIIRO),
  - Institute of International Tropical Agriculture (IITA),

- Global Alliance for Improved Nutrition (GAIN) or other relevant International Agencies with interest in nutrition programmes.
- Nutritionists have occupied top positions as researchers, programme officers, advisors under FAO,
- International Food Policy Research Institute (IFPRI),
- World Food Programme of the United Nations and WHO. You may be employed as a Local, State or Federal Ministry of Health Nutrition Officer.

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- National Emergency Relief Agency (NERA) at the National, State and Local Government level employs nutritionist as part of the relief team.
- Most Medical Schools, Teacher's Colleges, University of Agriculture, School of Nursing or School of Health Technology and Women's Development Centres including Agriculture Extension Settlements employ graduates of Human Nutrition and Dietetics to work as instructors/teacher/lecturers.

- A graduate of nutrition may work as Quality Control Officer or become sales representatives to big food and pharmaceutical companies to promote sales of food products and food supplements including vitamins and minerals.
- Government institutions including National Agency for Food and Drugs Administration and Control (NAFDAC) and Standard Organization of Nigeria (SON) and National Drug Law Enforcement Agency (NDLEA) have found graduates of Human Nutrition and Dietetics appointable.
- The Custom and Excise Duty also employs nutritionists to control the importation of banned food products into the Nigerian Market.

FAO Nutrition Strategy seeks to improve diets and raise levels of nutrition through a people-centered approach:

- Support and facilitate action in the followup of ICN2, the 2014 Second International Conference on Nutrition; as well as co-convene the UN Nutrition Decade of Action on Nutrition, declared in April 2016 by the UN General Assembly, and lead the implementation its WORK PROGRAMME jointly with the World Health Organization (WHO), in collaboration with key partners.
- Research on and release of evidence, data and guidelines on food-based nutrition including food composition, nutrition assessment and food-based indicators, and human requirements ).
- Develop countries' capacities to evaluate and monitor nutrition situations, analyze options, and implement agricultural policies and programmes that impact positively on nutrition.
- Provide tools, guidance and support for the scaling up of proper nutrition education and consumer awareness at national and local levels