# ANA214: Systemic Embryology

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### Outline

- Organogenesis foundation
- Respiratory System
  - Larynx
  - Trachea & Bronchi
  - Lungs
- Cardiovascular System
  - Heart
  - Blood vessels
  - Fetal Circulation
  - Changes in Circulation at Birth
- Gastrointestinal System
  - Mouth
  - Pharynx
  - GI Tract
  - Liver, Spleen, Pancreas

- Urogenital system
  - Kidney
  - Ureter
  - Urinary bladder
  - Male urethra
  - Female urethra
  - Prostate
  - Uterus and uterine tubes
  - Vagina
  - External genitalia
  - Testes
  - Ovary
- Nervous System
  - Neurulation
  - Neural crests

#### Segmentation of Mesoderm

- Start by 17<sup>th</sup> day
- Under the influence of notochord
- Cells close to midline proliferate PARAXIAL MESODERM
- Lateral cells remain thin LATERAL PLATE MESODERM
  - Somatic/Parietal mesoderm close to amnion
  - Visceral/Splanchnic mesoderm close to yolk sac
- Intermediate mesoderm connects paraxial and lateral mesoderm



#### Paraxial Mesoderm

- Paraxial mesoderm organized into segments
   – SOMITOMERES
- Occurs in craniocaudal sequence and start from occipital region
- 1<sup>st</sup> developed by day 20
  (3 pairs per day) 5<sup>th</sup>
  week
- Gives axial skeleton

Approximate Age (d)	Number of Somites
20	1-4
21	4-7
22	7-10
23	10-13
24	13-17
25	17-20
26	20-23
27	23-26
28	26-29
30	34-35

#### Intermediate Mesoderm

- Differentiate into Urogenital structures
  - Pronephros, mesonephros



#### Lateral Plate Mesoderm

- Parietal mesoderm + ectoderm = lateral body wall folds
  - Dermis of skin
  - Bones + CT of limb + sternum
- Visceral Mesoderm + endoderm = wall of gut tube
- Parietal mesoderm surrounding cavity = pleura, peritoneal and pericardial cavity
- Blood & Blood Vessels
  - Mesoderm blood islands
  - Vasculogenesis & angiogenesis





#### Neurulation

- Under the influence of notochord;
  - Surface ectoderm proliferates NEURAL PLATE
  - This signal beginning of neurulation
- Lengthening of neural plate
- Lateral edges elevate to form NEURAL FOLD
- The depression is called NEURAL GROOVE
- The folds approach each other at the midline
- Fusion starts at cervical region and proceeds craniocaudally
- This gives NEURAL TUBE
- Cranial (25 day) & Caudal (28) NEUROPORES

#### Neurulation

Neurulation marks the beginning of the formation of the central nervous system and is the process whereby the neural plate forms into a neural tube.



#### Neural Crest Cells

- Cells at the lateral border of neuroectoderm dissociates
- They give rise to NEURAL CREST CELLS
- They form;
  - Melanocytes & Hair follicle
  - Sensory ganglia
  - Sympathetic & enteric neurons
  - Schwann cells
  - Adrenal medulla
  - Craniofacial skeleton



# Embryonic Folding

- With the development & growth of brain vesicles
  - Embryonic disc bugles into amniotic cavity
  - Lengthening of Neural tube make the embryo to curve into fetal position
  - Head and tail regions move ventrally
- Simultaneously, two lateral body wall folds form and move ventrally
- The amnion is pulled with the fold making the embryo to be surrounded by amniotic cavity
- Ventral body closure is deficient at umbilical region
  - Yolk sac + connecting stalk
- Folding made the endoderm into tube which is divided into 3 by yolk sac

#### Embryonic folding

From the fourth week of development, the embryo undergoes a rapid development in size and shape. The trilaminar disc undergoes a process called embryonic folding to create a basic three dimensional human body plan.









#### Germ Layers Derivatives

EctodermCNS, PNS, Sensory part of eye, ear & nose, epidermis<br/>& its appendages<br/>Mammary glands, pituitary gland, subcutaneous<br/>glands, enamel of teeth,<br/>Neural crest cells – spinal, cranial (V, VII, IX & X) &

autonomic ganglia, Schwann cells, pigment cells of dermis, pharyngeal arch muscles, bones & CT, meninges and adrenal medulla

Mesoderm CT, cartilage, bone, muscle, heart, blood & lymphatic vessels, kidneys, ovaries, testes, genital ducts, serous membranes of body cavities, spleen, adrenal cortex

Endoderm Epithelial lining of GIT & Respiratory, tonsils, thyroid & parathyroid glands, thymus, liver, pancreas, epithelial lining of urinary bladder & most of urethra, & auditory tube

TABLE 6.4	Summary	of Key Events during the Embryonic Period			
Days	Somites	Length (mm)	Figure	Characteristic Features	
14-15	0	0.2	6.1A	Appearance of primitive streak	
16-18	0	0.4	6.1B	Notochordal process appears; hemopoietic cells in yolk sac	
19-20	0	1.0-2.0	6.2A	Intraembryonic mesoderm spread under cranial ectoderm; primitive streak continues; umbilical vessels and cranial neural folds begin to form	
20-21	1-4	2.0-3.0	6.2B,C	Cranial neural folds elevated and deep neural groove established; embryo begins to bend	
22-23	5-12	3.0-3.5	6.3B,C	Fusion of neural folds begins in cervical region; cranial and caudal neuropores open widely; visceral arches 1 and 2 present; heart tube begins to fold	
24-25	13-20	3.0-4.5	6.4	Cephalocaudal folding under way; cranial neuro- pore closing or closed; optic vesicles formed; otic placodes appear	
26-27	21-29	3.5-5.0	6.48	Caudal neuropore closing or closed; upper limb buds appear; three pairs of visceral arches	
28-30	30-35	4.0-6.0	6.21A	Fourth visceral arch formed; hind limb buds appear; otic vesicle and lens placode	
31-35		7.0-10.0	6.22	Forelimbs paddle-shaped; nasal pits formed; embryo tightly C-shaped	
36-42		9.0-14.0	6,23	Digital rays in hand and foot plates; brain vesicles prominent; external auricle forms from auricular hillocks; umbilical herniation initiated	
43-49		13.0-22.0	6.24	Pigmentation of retina visible; digital rays sepa- rate; nipples and eyelids formed; maxillary swellings fuse with medial nasal swellings as upper lip forms; prominent umbilical herniation	
50-56		21.0-31.0	6.25	Limbs long, bent at elbows, knees; fingers, toes free; face more humanlike; tail disappears; umbilical herniation persists to end of third month	

- Develops from median diverticulum of the foregut
- Appears first as *Tracheobronchial Groove*
- Distal part gets separated from the esophagus
- Free caudal end divides into 2
- The free end forms bud called Lung Bud



**Figure 13-2.** (*A*–*C*) Successive stages in the development of the respiratory diverticulum. Note the esophagotracheal ridges and the formation of the septum, splitting the foregut into the esophagus and trachea with lung buds. (*D*) The ventral portion of the pharynx seen from above. Note the laryngeal orifice and the surrounding swellings.

- Develops from the cranial most part of respiratory diverticulum
- The caudal part of hypochrondial eminence forms *Epiglottis*
- Thyroid, Cricoid and Arytenoid cartilages are from 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> pharyngeal arches
- **Congenital Anomalies**
- Laryngocoele: swelling
- Congenital stenosis/atresia: blockage
- Laryngoptosis: abnormal location
- Absence of laryngeal cartilage
- Duplication of parts or all of larynx



#### **Trachea and Bronchi**

- Develops from part between point of bifurcation and larynx
- The division forms the Right and Left Principal Bronchi
- The main bronchi gives the Lobar (2 in left, 3 in right) bronchi
- The left is more transverse than the right
- The main bronchi further subdivides into Lobar Bronchi (2L, 3R)

#### Lungs

- Formed by further subdivisions of lobar bronchi (17 b4 birth)
- Alveoli are formed by the expansion of the terminal parts of the tree
- Each segments of the tree is lined by mesoderm which gives fissures
- Pulmonary circulation is adequate by 7<sup>th</sup> month
- NB:
  - Respiratory passages are full of fluid
  - When breathing commences, the fluid is absorbed and some expelled



TABLE 14.1 Maturation of the Lungs				
Pseudoglandular period	5-16 wk	Branching has continued to form terminal bronchioles. No respiratory bronchioles or alveoli are present.		
Canalicular period	16-26 wk	Each terminal bronchiole divides into two or more respiratory bronchioles, which in turn divide into three to six alveolar ducts.		
Terminal sac period	26 wk to birth	Terminal sacs (primitive alveoli) form, and capillaries establish close contact.		
Alveolar period	8 mo to childhood	Mature alveoli have well-developed epithelial endothe- lial (capillary) contacts.		

# **Congenital Anomalies**

- Trachea
  - Tracheo-oesophageal fistulae
  - Accessory bronchi
  - Absence of trachea
  - Trachea diverticulum
- Bronchi & Lungs
  - Agenesis/hypoplasia
  - Absence of fissures
  - Presence of abnormal fissures
  - Accessory lobes
  - Lung sequestration
  - Lung hernia
  - Displaced bronchi
  - Respiratory distress syndrome (premature infant)

# Types of TEF





Type: A Esophageal atresia without tracheoesophageal fistula (8% of cases)

Esophageal atresia with tracheoesophageal fistula (88% of cases)



Type B: Esophageal atresia with proximal tracheoesophageal fistula (1% of cases)



Type C: Esophageal atresia with distal tracheoesophageal fistula (84% of cases)



Type D: Esophageal atresia wit proximal and distal tracheoesophageal fistula (3% of cases)



Type E: Tracheoesophageal fistula without esophageal atresia (H-type) (4% of cases)

### Development Urinary System

- Pronephros
  - 4<sup>th</sup> week
  - 7-10 solid cell in cervical region
  - Vestigial excretory units (nephrotomes)
  - Regresses by the end of 4<sup>th</sup> week
- Mesonephros
  - Develop in the upper thoracic to lumbar (L3) region
  - Excretory tubules appear in the early 4<sup>th</sup> week
  - Increased in length to form S-shaped loop
  - Forms primitive nephrons
  - Laterally the tubules joins mesonephric/Wolffian duct
  - Middle of 2<sup>nd</sup> month, urogenital ridge appears
  - Majority of tubules degenerate by end of 2<sup>nd</sup> month



### Development Urinary System

- Metanephros (Definite Kidney)
  - Appears in 5<sup>th</sup> week
  - Excretory units develops from metanephric mesoderm
- Collecting System
  - Develops from ureteric bud
  - Bud penetrates metanephric tissue
  - Give rise to; ureter, renal pelvis, major & minor calyces, 1-3 million collecting tubules
- Excretory System
  - The collecting tubule isw covered by metanephric tissue cap
  - Cap vesicles S-shaped tubules
  - Glomerulus grows into one-end of the S and later forms Bowman's capsule
  - The continuous elongation of the other part give rise to PCT, Loop of Henle, DCT
  - Urine production start around 10<sup>th</sup> week





#### **Clinical Correlates**

- Wilms tumor: mutation
- Renal dysplasia and agenesis
  - Multicystic dysplastic kidney; undifferentiated metanephric tissue
  - Potter sequence
- Congenital polycystic kidney disease cilia disorder
- Duplication of ureter
- Pelvic kidney
- Horseshoe kidney
- Acessory renal; arteries

### Development Urinary System

- Bladder & Urethra
  - In 4<sup>th</sup>-7<sup>th</sup> weeks, cloaca divides to urogenital sinus & anal canal
  - Urorectal septum separates the two (tip give rise to perineal body)
  - Urogenital sinus divides to three;
    - Upper part (largest) urinary bladder
    - Pelvic part in male give prostatic and membranous urethra
    - Phallic part flattened & grows with genital tubercle
  - Caudal portion of mesonephric ducts are absorbed into bladder
  - Mesonephric duct gives the ejaculatory duct
  - At the end of 3<sup>rd</sup> month, epithelium of prostatic urethra proliferates to give prostate gland (male), urethral & paraurethral glands (female)

#### Development Urinary System

- Congenital Anomalies
  - Urachal fistula
  - Urachal cyst
  - Urachal sinus
  - Exstrophy of bladder
  - Exstrophy of cloaca

- Gonads
  - Appear as pair of longitudinal ridges GONADAL/GENITAL RIDGES
  - Germ cells appear in the ridges by 6<sup>th</sup> week
  - Primordial germ cells originate in the epiblast
  - Migrate through primitive streak to wall of yolk sac close to allantois
  - By 4<sup>th</sup> week, move to primitive gonads by ameboid movement
  - Arrived by 5<sup>th</sup> week and invade the genital ridges in the 6<sup>th</sup> week
  - Shortly before arrival, epithelium of genital ridges proliferate
  - Epithelium penetrates underlying mesenchyme forming irregular shaped cords PRIMITIVE SEX CORDS

- Testis
  - Due to Y chromosome, SRY gene encodes for testis-determining factor
  - Primitive sex cords continue to proliferate and penetrate deep to the medulla MEDULLARY CORDS
  - Towards the hilum, cords break up into network of tiny cell strands – rete testis
  - **Tunica albuginea** develops to separate testis cords from surface epithelium
  - By 4<sup>th</sup> month, testis cords become horseshoe-shaped, continuous with rete testis
  - Testis cords composed of primitive germ cells, supporting cells (epithelium)
  - Leydig cells (gonadal ridge mesenchyme), produce testosterone by 8<sup>th</sup> week



#### Ovary

- Due to absence of Y chromosome
- Primitive sex cords dissociate into irregular clusters containing groups of primitive germ cells
- They disappear and replaced by vascular stroma giving ovarian medulla
- Surface epithelium proliferates to give **cortical cords** by 7<sup>th</sup> week
- In 3<sup>rd</sup> month cortical cords split into cell clusters
- The cell clusters proliferate and surround each oogonium forming primordial follicle



**FIGURE 16.22 A.** Transverse section of the ovary at the seventh week, showing degeneration of the primitive (medullary) sex cords and formation of the cortical cords. **B.** Ovary and genital ducts in the fifth month. Note degeneration of the medullary cords. The excretory mesonephric tubules (efferent ductules) do not communicate with the rete. The cortical zone of the ovary contains groups of oogonia surrounded by follicular cells.

- Genital duct
  - Mesonephric (Wolfian) ducts
  - Paramesonephric (Müllerian) ducts



- Genital ducts in male
  - Stimulated by testosterone
  - Some of the excretory tubules (epigenital tubules) contacts with rete testis to form efferent ductules
  - Those on the caudal pole do not join and form **paradidymis**
  - Cranial part of mesonephric duct forms appendix epididymis
  - The rest of mesonephric duct forms main genital ducts
  - Below efferent ductules, mesonephric duct elongate to form ductus epididymis
  - From tail of epididymis to seminal vesicles gives ductus deferens
  - Under the influence of MIS by Sertoli cells, paramesonephric ducts in male degenerates except at cranial portion which forms appendix testis



- Genital ducts in female
  - Due to presence of estrogen, paramesonephric ducts develop into main genital ducts
  - Paramesonephric ducts divides into 3;
    - Cranial/vertical portion
    - Horizontal part
    - Caudal vertical part
  - First 2 parts give uterine tube
  - Caudal part fuse to form **uterine canal**
  - Uterine canal gives corpus, cervix of uterus and upper portion of vagina
  - In the absence of testosterone, mesonephric duct degenerate in female except cranial part found in **epoophoron**



- Vagina
  - After contacts of paramesonephric duct with urogenital siuns
  - 2 evaginations grow from the pelvic part of the sinus sinovaginal bulbs
  - The bulbs form **vaginal plate**
  - The growth progresses cranially separating the sinus from the uterus
  - In the 5<sup>th</sup> month the vaginal outgrowth is canalized
  - Lumen of vagina is separated from urogenital sinus by hymen





- External Genitalia
  - Cloaca folds mesenchyme from primitive streak
    - Urethral folds anteriorly
    - Anal folds posteriorly
  - Cloaca folds unite anteriorly genital tubercle
  - Genital swellings appear lateral to urethral folds
- Male External Genitalia
  - Rapid elongation of genital tubercle **phallus**
  - Phallus pulls urethral fold forming urethral groove
  - Epithelial cells in the groove forms **urethral plate**
  - Urethral folds close by end of 3<sup>rd</sup> month **penile urethra**



- Congenital Anomalies
  - Hypospadias
  - Epispadias
  - Micropenis
  - Bifid penis

- Female External Genitalia
  - Genital tubercle elongates slightly clitoris
  - urethral folds do not fuse labia minora
  - Genital swellings enlarge labia majora
  - Urogenital groove is open vestibule



- Congenital Anomalies
  - Ambiguous genitalia
    - Enlarge clitoris
    - Small penis with hypospadias
    - Causes;
      - Congenital adrenal hyperplasia
      - Androgen insensitivity syndrome
  - Gonadal dysgenesis
  - Swyer syndrome (XY female gonadal dysgenesis)
  - Turner syndrome
  - Klinefelter syndrome